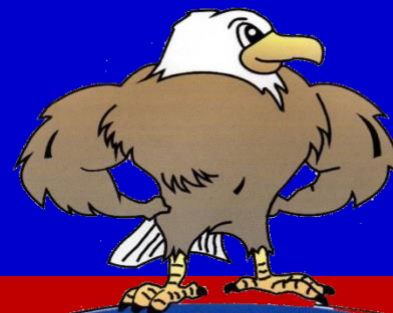


Monroe Eagle News

MONROE ELEMENTARY SCHOOL NEWSLETTER



November 2018

VOLUME 2, ISSUE 3

From the Principal

Greetings, Monroe families!

November is already upon us, and we have a busy month ahead. Our staff is looking forward to seeing you for parent-teacher conferences November 5-9 and having the opportunity to discuss your child's progress so far this year. The connections between home and school are so very important. Working in partnership is the best way to help our children reach their potential. Please look for confirmation notes, which were sent home earlier this week. If you are unable to attend your conference, let your child's teacher or the office know so we can work to reschedule.

We would also like to invite you to our Veterans Day assembly on Friday, November 9, at 9:00 am. This moving program recognizes and gives thanks to all of the veterans who have served and are currently serving our country. It is truly an honor for our staff and students to share in this program. Please let us know if you or a family member is a veteran planning on attending.

Adding to our busy month is the PTA book fair during conference week, the Bingo/Auction/Art Walk on November 16, and Skate Night on November 27 at the Everett Skate Deck. Also, we are in the process of planning our Multicultural Night taking place on December 13 and are looking for more volunteers who would like to share their traditions. We have such a diverse population and are excited to learn more about the special customs we all hold so dear. If you would like to be involved, please contact Julie Johnson at JJohnson@everettsd.org.

Finally, I would like to thank you for adapting to our new security intercom system and for remembering to check in with our office. It has been wonderful seeing visitors throughout the building – please know you are all welcome as this is our building, and it is important we work together to benefit our students. If you plan on volunteering in the building or chaperoning a field trip, please remember the district needs everyone to submit a volunteer application first. Having families involved enriches the learning environment for both students and staff. Your help and support are invaluable.

I hope you all have a Happy Thanksgiving holiday!

Kind Regards,

Heather Paddock, principal

Heather Paddock
Principal

Monroe Elementary School
10901 27th Ave. SE
Everett, WA 98208
www.everettsd.org/monroe

November 2

Random Act of Kindness Spirit Day
*12:20 pm Release

November 5-9

Conference Week 12:20 pm Release
PTA Book Fair 12:30 – 4:00 pm

November 8

PTA Meeting
6:30 pm – Cafeteria

November 9

Veterans Day Assembly
9:00 am – Cafeteria

November 12

Veterans Day Observed - NO SCHOOL

November 15

Lifelong Learner Assembly
2:00 pm – Cafeteria

November 16

PTA Bingo/Auction/Art Walk Evening
6:30 pm – Cafeteria

November 21

12:20 pm Release

November 22-23

Thanksgiving Break
NO SCHOOL

November 27

PTA Skate Night
6:30 pm – Skate Deck

November 28

Retake and Class Group Picture Day

✓ **Attendance Procedure:** If your child is absent, please email the school at MOEAttendance@everettsd.org. If email is not possible, please leave a message on our attendance line at (425) 385-7305 and submit an excuse note to the school office within 30 days of your student returning to school. Thank you for your cooperation in helping us maintain accurate attendance records.



Monroe Messages

Monroe Memos

Student Council Food Drive



Our Student Council is holding a food drive October 25 – November 9. Please consider donating non-perishable items that will benefit fellow Monroe families. Thank you!

Veterans Day Assembly

All are invited to our musical performance assembly on Friday, November 9, at 9:00 am in our cafeteria. We are honored to have this opportunity to thank our veterans for their service. We hope you can join us in recognizing them.



Retake & Class Group Picture Day

If your student missed picture day or you would like a retake, our next picture day is November 28. Order forms are available in the office. Classes will also be taking group pictures that day.



In grades K-3, your students have been introduced to emotion management skills. Teaching students to recognize strong feelings and use calming-down steps to stay in control are effective ways to increase coping, as well as reduce aggression and other problem behaviors. Students are taught proactive strategies to help prevent strong feelings from turning into negative behaviors. When intense feelings are allowed to escalate, strong physiological reactions hamper students' ability to reason and to solve interpersonal and other problems without aggression. The ability to keep strong emotions from escalating and driving behavior allows students the chance to employ many other skills, such as effective communication, assertiveness, negotiation, compromise and problem solving.

Students with the skills to manage strong emotions, such as anger, anxiety, embarrassment, fear, and jealousy are more likely to:

- Get along with peers and make good choices
- Cope with strong emotions and express them in socially acceptable ways
- Be successful in school

Students with less-effective emotion-management skills are more likely to:

- Be aggressive
- Abuse substances
- Have decreased levels of social-emotional competence
- Have difficulty behaving in socially skilled ways
- Act impulsively on their emotions

To read about the research for this unit, go online to [SecondStep.org](http://www.SecondStep.org).

P.S. Make sure to join www.secondstep.org with the activation key **SSP3FAMILY73** to watch videos about the *Second Step* program and get information about what your student is learning.

Monroe Mindbender

Veteran's Day word search

http://go4ingcrazymama.com/veterans-day-activities

E S D C E H B S A M E R I C A N K S L B
 P T Q K O B L P J S O D F Z I J D N V J
 V L U N W K K R N T R D P N P C B A L G
 C A T L E H R Y L X V I S X N J R R I S
 V G P B A M R M A S E W K J A C W E S A
 C A X Q C S E M H K F H T P A Y W T K P
 N L B S B L M C G D C Y F Z Y B D E K F
 F J Z Q G A T T I Z N L D V M O O V I M
 S P O O R T R Z G V A O W N A O M S D J
 L N I U J O A M T G R E V Q N E A J T H
 O J P R I D E L Y M C E R E L K R K T V
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 C L T H S I V R L F N P Z G L C C I C S
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 Y S E H I N R B Z N H Q E X B N G V H X
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- | | |
|----------|--------------|
| AIRFORCE | PRIDE |
| AMERICAN | RESPECT |
| ARMY | SALUTE |
| FLAG | SERVICEMEN |
| HONOR | SERVICEWOMEN |
| MARINES | THANKS |
| NAVY | TROOPS |
| NOVEMBER | VETERANS |



Happy Thanksgiving

We're thankful for each of you!

Dear Parents and Families:

Did you know? Reading just 20 minutes a day exposes your child to about **1.8 million words** per year. Reading helps students develop a stronger vocabulary, and in addition, students who read for pleasure average higher grades in English, mathematics, science, and history!

Mark your calendar to join us for a celebration of reading!

Book Fair dates/times:

November 5 through November 9

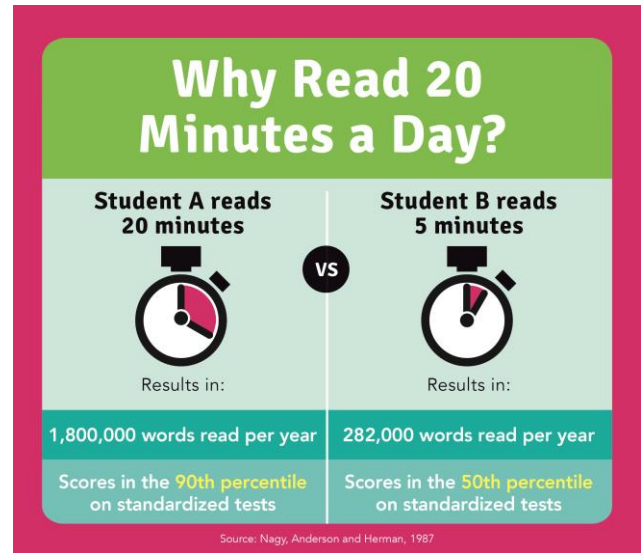
Visit [scholastic.com/fair](https://www.scholastic.com/fair) for more information. We look forward to seeing you and your family at our Book Fair!

Sincerely,

Ms. Heather Paddock

Principal

Monroe Elementary



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Estimados padres y familiares:

¿Sabía que leer apenas 20 minutos al día le muestra a su hijo/hija aproximadamente **1.8 millones de palabras** al año? La lectura ayuda a los estudiantes a ampliar su vocabulario; además, los estudiantes que leen por placer obtienen mejores calificaciones en inglés, matemáticas, ciencias e historia.

¡Anótelos en su calendario y únase a nosotros para celebrar la lectura!

Fechas y horarios de la Feria del Libro:

Noviembre 5 through Noviembre 9

Para más información, visítenos en [scholastic.com/fair](https://www.scholastic.com/fair).

¡Esperamos verlo junto a sus familiares en nuestra Feria del Libro!

Sinceramente,

Ms. Heather Paddock

Director/a

Monroe Elementary



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Accepting Highly Capable nominations until Dec. 1

Find forms and more information and evening information events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place in January 2019.

Remember to vote Nov. 6

Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 6 – postage is not required for ballots.

Did you miss a call from us?

If missed a call from your school, please first check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls.

Slight calendar change

There is a slight change to the school year calendar. **Friday, June 7** will be a 2.5 early release for all students to allow teachers time to complete grading. **Friday, June 14** will be a 75-minute early release for Learning Improvement Friday. The updated [year-at-a-glance](#) and [student art](#) calendars are available online if you'd like to print them for your reference. The [district website calendar](#) is also a convenient, up-to-date reference that integrates with the [district mobile app](#). If you have the mobile app, you have the most current district and school calendar dates.

School performance report

Our school's performance report is available online on each school's website. More information is available on the [Office of Superintendent of Public Instruction website](#). Click on "State Report Card" and select Everett from the list of districts.

Test scores show ... our students rock!

Did you know that our district has the highest English Learner graduation rate in Washington state? And our student assessment scores last year outperformed the state's average assessment scores **in every subject!** Students are working hard in their learning, and staff are providing students with the targeted, coordinated supports they need to excel.

Is your family prepared?

Does your family have a plan in case of bad weather, school closure or delay? Who will pick up your student, if needed? How will you communicate if phone lines are jammed? Do you have needed emergency supplies in your car and at home?

[Snohomish County Emergency Management](#) has helpful online resources to help you create, and practice emergency response plans with your family and neighborhood.





FAFSA season has begun!

Free Application for Federal Student Aid (FAFSA) is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at www.fafsa.ed.gov.

Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child's online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.
- Know who is in the "buddy lists." Get to know the cyberfriends as well as you do those who visit your home.

Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:

- [Stop Bullying Now](#)
- [Ms. Parry's Guide to Correct Online Etiquette](#)
- [Common Sense Media](#)

Find out what Everett Public Schools students learn about digital citizenship on the district [Learning Management Services website](#).



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- Title IX Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator – Becky Clifford, rclifford@everettsd.org, 425-385-5250